



ACAI BERRY

TRUE LIES:

SEPERATING TRUTH FROM MARKETING FLUFF

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INITIATIVE

“New miracle fruit discovered in the Amazonian jungles!”

- Everyone and their Mom last year

Ah, the Acai Berry... First it was an antioxidant superpower, then the fountain of youth, and now it is touted as a supreme body cleanser and demolisher of fat.

Some of these claims are true, some are not.

With this report, we at CureYourBody.com would like to help you separate the true benefits of the Acai Berry from the hype - and outright lies - and help you avoid the pervasive Acai scams that currently plague the internet.

HINT: If you accept a “free” trial, you are going to REGRET IT.

We will also point you in the direction of the Acai product that we currently recommend, based on countless reviews and feedback from our widespread readership and forum participants, and we will tell you WHY we have chosen to recommend this particular one.

The REAL Story

Ok, let's answer all your questions about Acai:

- 1) Does Acai Provide Antioxidants?
- 2) Can Acai Help You Lose Weight?
- 3) Can Acai Cleanse Your Body of Toxins?
- 4) Will Acai Help You Look and Feel Younger?

1) YES, Acai is a Powerful Antioxidant

If there is one claim proven more or less beyond a shadow of a doubt, it is the inherent antioxidant power of the Acai Berry. The exact level in comparison to other common sources of antioxidants is a subject of some debate, but there is no question that an Acai Berry supplement or drink will aid you in acquiring these beneficial protectors of the body.

Antioxidants help to control the level of free radicals, which damage the body and lead to many chronic diseases. As such, supplementing your diet with an antioxidant source such as the Acai Berry will definitely benefit your overall health and vitality, among the other benefits of Acai.

Keep in mind that there are many other sources of antioxidants (blueberries, red wine and cherries, to name a few).

2) Acai Will NOT Help You Lose Weight

Here we come to the first, and most important, marketing lie surrounding the Acai Berry. Marketing scammers would have you believe that you can take some of this magical berry and solve all your problems, including your weight problems. Listen carefully:

“ The Acai Berry, in and of itself, possesses NO potential for weight loss in your body. ”

You will not be able to lose weight with Acai alone.

HOWEVER, Acai can assist in the weight loss process, if other weight loss ingredients are present – and no we are not talking about other fad diet products, like green tea for example, which has minimal value for weight loss.

There need to be ingredients that have proven weight loss benefits.

So what part does Acai play in the weight loss process? Here is a quote from CureYourBody.com’s very own Dr. Houser:

“The reason to put the Acai in as an antioxidant is that the “fat loss” process, or fat metabolism, is known as OXIDATION, and Acai is an ANTI-oxidant. Thus, the Acai helps prevent any potential damage during the fat loss process.”

3) Acai Will Help Cleanse Your Body –Sort of

This is the other widespread marketed benefit of the Acai Berry. Once again, Dr. Houser weights in:

“As an antioxidant, it does aid in waste-removal of harmful toxins, but in a capacity that is more preventative than retroactive.”

In other words, given its antioxidant capacity, Acai is very good at preventing cell damage (by neutralizing free radicals), but the cleansing capacity is probably minimal. If you are looking for an internal cleanse, you should find a product that is specifically geared towards cleansing.

Conclusion

As you can see, all the benefits of the Acai Berry can be traced back to the fact that it is a powerful antioxidant; it can do exactly what any other antioxidant can do, no more, no less. This of course means that you could choose one of many other sources to ensure the necessary amount of antioxidants in your diet.

However, Acai is particularly high in antioxidant content, and there are some other reputed sexual benefits as well, although these have not been definitively proven one way or the other.

In Summation:

- Acai assists in the weight loss process by helping to prevent cellular damage during the weight loss process, but will not in and of itself help you to lose any weight. If you are looking to lose weight, you should find a product which uses other proven weight loss ingredients in conjunction with Acai. This is the [Acai product we recommend](#).

- Acai cleanses your body in a sense, but not in the way implied by most marketers. If you are looking for a full internal cleanse, you need to use a product specifically designed to do so. This is the [cleansing product we recommend](#).

One thing you should NOT do is get involved in a “Free Trial.”

We have shown you that, in conjunction with the proper ingredients, Acai can be very beneficial to your body and the weight loss process; but you must find the right vendors for this product.

The Better Business Bureau (BBB) declared Acai Free Trial Offers one of the [biggest scams of 2008](#). The companies charge you shipping and handling only (in order to get your credit card information), and then you are relentlessly charged \$80 or more each month, until you cancel...

The only problem is, you CAN'T cancel, because these companies don't actually have customer service numbers, or you can't get through – not to mention they signed you up for two to three other offers that you weren't even aware of! Thousands of consumers have had to cancel their credit cards in order to stop the charges.

If you are unfortunate enough to have already been scammed, CureYourBody.com has compiled a [list of the customer service numbers](#) for some of the main scammers. But there are more every day.

To add insult to injury, most of these products are completely worthless, don't even contain enough Acai to do anything for you, and/or are of completely inferior quality (cheapest ingredients possible).

YOU GET WHAT YOU PAY FOR – and you will end up paying for your “Free Trial”!

Our Recommendations

Acai and Colon Cleansing are two of THE most popular consumer trends on the internet today; since CureYourBody.com is a health advisor and consumer advocate, we have paid special attention to these two areas, because they are important to our forum members and newsletter subscribers. We have spent a LOT of time researching and reviewing colon cleanse and Acai products, and we have a favorite for each. That is not to say there are not other good products out there – but they are hard to find amidst all the scammers looking to make a quick buck!

These are products that have been researched and tested by our staff, as well as approved by our readers and visitors.

Our #1 Recommended Acai Product:

[Ultra Prime Acai™](#) by Nature's Biology:

With a doctor-formulated combination of Acai, Raspberry Ketones, Beta Alanine, Ginger Root Extract, and just the right amount of Caffeine, Ultra Prime is an incredible new energy, weight loss, antioxidant, mood-enhancing product that is taking this industry by storm. We highly recommend you take a look and see if Ultra Prime is for your life.

[More Information Here](#)

Our #1 Recommended Colon Cleanse:

[DrFloras® Internal Cleanse:](#)

DrFloras is known as the “premium brand in colon cleansing.” Countless customers have praised the benefits of a DrFloras cleanse for improving their digestion, helping them remove blockages and lose some weight quickly, relieving bloating, gas, constipation, as well as improving moods, energy levels and overall feeling of well-being.

[More Information Here](#)

THANKS from CureYourBody.com

We hope you have found this information useful. Feel free to pass this e-book on to any of your health-conscious friends and family, and be sure to check out the [CureYourBody.com Forums!](#)

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